Support and care matrix

The Housing Executive use the scoring system below to assess how many points you are awarded because you need help totake care of yourself or your home

The Housing Executive has two levels of support:

- you need help to do the action
- You cannot do the action by yourself

The level of support the Housing Executive decides you need can change from section to section. For example, you may need help to get in or out of bed but you cannot go shopping by yourself.

Taking care of yourself
The Housing Executive will assess you for your ability to take care of yourself. You can get a maximum of 14 points.

Self Care Needs	Needs Help to do	Cannot do by yourself
Get dressed or undressed	1	3
Get in or out of bed	2	4
Get on or off the toilet	2	5
Get in or out of the bath / shower	1	2

Taking care of your home
The Housing Executive will also assess you for your ability to take care of your home. You can get a maximum of 16 points.

Home Management Needs	Needs Help to do	Cannot do by yourself
Light a fire or use your heating system	2	4
Do heavy household duties	1	2
Cook a meal	1	3
Make a snack	2	4
Do your own shopping	1	3

Get advice if you think the Housing Executive has not assessed your application correctly. Advice is available from Housing Rights Service or Shelter.